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As an international student, you have an obligation to comply with the immigration laws and regulations of the United States. It is illegal to violate U.S. federal immigration laws and regulations for any reason. As a student in F-1 or J-1 status, you are responsible for learning, understanding, and complying with the U.S. laws and regulations that apply to you. Your failure to be aware of and comply with these requirements could jeopardize your academic plans.

You need to remember the following:

- Attend the university you are authorized to attend on your I-20/DS-2019.
- Complete the immigration transfer procedure when transferring to another school in the U.S.
- Be in good academic standing and make satisfactory academic progress. Suspension, dismissal, enrollment withheld, expulsion, or any other similar action which prevents enrollment may have an effect on legal immigration status. See an advisor at the International Center.
- Extend the I-20/DS-2019 form prior to its expiration date if unable to complete academic program by original expiration date.
- In the event of change of academic program or level, update the I-20/DS-2019 in a timely fashion.
- Maintain full-time enrollment during the academic year:
  - Undergraduate students must enroll for 12 credit hours per term, while graduate students must enroll for 8 credit hours (or number of credit hours defined by the specific graduate program) per term. During any given term in which you have been officially appointed by the department as a Graduate Student Research Assistant (GSRA) or Graduate Student Instructor (GSI), you may enroll for 6 credit hours. Courses taken as ‘visit’ or ‘audit’ do not count towards full-time enrollment for immigration purposes.
- Limit on-campus employment to 20 hours per week during academic year. J-1 students are required to obtain authorization from the International Center before engaging in on-campus employment.
- Do not work off campus without authorization.
- Keep your passport valid at all times. The passport must be valid for at least 6 months into the future on the day you return to the U.S. from a trip abroad.
- Maintain health insurance coverage.
- Notify the IC if you leave the program before the end date of your I-20/DS-2019.
- If your permanent or current address changes, update your address through Wolverine Access within 10 days of moving at [http://wolverineaccess.umich.edu/](http://wolverineaccess.umich.edu/).
- Check your University of Michigan e-mail regularly for updates from the International Center and read IC e-mails carefully. Follow up on these e-mails as necessary.
- Ask an International Center advisor any questions you may have regarding your immigration status or regulations.

_I have read and understand this information, and knowingly accept full responsibility for maintaining my status as an international student during the duration of my studies at the University of Michigan._
Health Insurance Requirement
All international students and their accompanying dependents at U-M are **required to have health insurance coverage that meets U-M standards**. You will be enrolled in an approved insurance program at the check-in program. If your government or program sponsor is providing you with health insurance, you will later have the opportunity to apply for a waiver of the mandatory health insurance. In order for a waiver to be granted, your health insurance coverage must be proven to meet University standards. **Health insurance is not an option - it is a requirement.**

Travel
When traveling outside the United States, you need to have the proper documents to return. You may need a valid F-1/J-1 visa (the visa in the passport) to re-enter the U.S. (reentry from Canada, Mexico and the adjacent islands may be covered by special regulations). In addition, your I-20/DS-2019 must have a valid travel signature from an IC advisor. The signature is valid for one year following the signature date (or the end date of your current I-20/DS-2019, whichever is sooner). If you are visiting Canada, you may need to apply for a visitor visa to enter Canada.

Employment
U.S. government regulations require F-1/J-1 students to be here for the primary purpose of attending school. In general, employment in the U.S. is restricted. J-1 students must obtain employment authorization before working on-campus. Both J-1 and F-1 students are required to receive proper authorization to work off campus. Details on F-1/J-1 student employment can be found at [www.internationalcenter.umich.edu](http://www.internationalcenter.umich.edu) (go to “Immigration & Visas”, “F-1 (or J-1) International Students”, “Employment Options”).

Dependents
Dependents are defined as the spouse and minor children (under 21 years old) of the F-1/J-1 student. The F-2 spouse of an F-1 student may not engage in full-time study, and the F-2 child may only study full-time if the study is in an elementary or secondary school (kindergarten through 12th grade). The F-2 spouse and child may engage in study that is avocational or recreational in nature. F-2 dependents are not allowed to work in the U.S. J-2 dependents are allowed to work. However, it is not enough to be in J-2 status to be allowed to work, but J-2 status gives the person the right to apply for work authorization from the United States Citizenship and Immigration Services (USCIS). The J-2 does not have legal permission to work until the Employment Authorization Document (EAD) is approved.

For J-1 Students Only: Two-Year Home-Country Physical Presence Requirement [212(e)]
Under specific circumstances, a J-1 exchange visitor may incur a “two-year home physical presence requirement.” The J-2 dependents are also subject to 212(e) if the J-1 principal participant is subject to that requirement. This means that neither the J-1 nor the J-2 may change immigration status to H, L, or Permanent Residency without first returning to his/her country for 2 years, or obtaining a waiver of this requirement. If 212(e) applies, change of status to another non-immigrant classification (such as F-1) in the U.S. is prohibited. However, the person who is subject to the two-year requirement is allowed to apply for most other types of visas (excluding the ones listed above) from abroad. The notation of 212(e) is usually indicated on the J visa stamp and/or DS-2019. For more information about 212(e), please visit the U.S. Department of State web site at [http://travel.state.gov](http://travel.state.gov).

Taxes
In general, F-1/J-1 students must file federal tax forms every year they are in the U.S. The deadlines to file the forms are April 15, if U.S. money is earned (this includes money earned from graduate student assistantships), and June 15, if no U.S. money is earned. For more information, go to the IC web site: [www.internationalcenter.umich.edu](http://www.internationalcenter.umich.edu) (see “Taxes and Social Security” menu option).
Adjusting to the United States: Cross-Cultural and Legal Considerations

As you begin to get settled in Ann Arbor, you will have a lot of information to read and to learn. However, please take the time to review the following information about some U.S. laws and about adjusting to a new culture.

U.S. Legal System:

It's extremely important to be aware of U.S. and U-M definitions, laws, and policies about domestic or dating violence, stalking and sexual harassment. Traffic regulations and laws about alcohol may also be different in the U.S. than they are in your home country. To make sure that you are aware of what is and is not legal in the United States, please:


ATTEND IF POSSIBLE: IT'S NOT JUST A GOOD IDEA…IT'S THE LAW! Tuesday, August 26, 2:30 - 4:00 pm, R0210, Ross School of Business

Adjusting to U.S. Culture/Society:

READ: Adjusting to the U.S. Quickly and Comfortably http://internationalcenter.umich.edu/life/adjust.html

ATTEND IF POSSIBLE: INTERNATIONAL STUDENTS AND CULTURAL ADJUSTMENT, Wednesday, August 27, 9 – 10:30 am, R0210, Ross School of Business

Useful Websites

U-M Residence Halls: Dining Options, Menus & Hours: http://www.housing.umich.edu/dining/menus

Recreational Sports Facilities and Hours: http://recsports.umich.edu/facilities

Campus Information Center  http://campusinfo.umich.edu/  
This is a helpful site for any questions about the University, building locations, or the Ann Arbor area.

Michigan Secretary of State (driver’s license and state ID):  http://www.michigan.gov/sos/

University of Michigan Directory (MCommunity) https://mcommunity.umich.edu/  
The general directory for faculty, staff, and students; this is a good way to find email addresses.

International Center: Life in Ann Arbor http://internationalcenter.umich.edu/life/  
Lots of practical information about getting settled in Ann Arbor.

Living in Ann Arbor http://www.rackham.umich.edu/student_life/living_in_ann_arbor/  
Useful for both graduate and undergraduate students.

Office of New Student Programs http://www.onsp.umich.edu/  
Information and assistance for new undergraduate students during their first year at U-M.

University Housing http://www.housing.umich.edu/  
Information about on-campus housing and residence hall services.

Off-Campus Housing https://offcampushousing.umich.edu/  
Information for students who live or plan to live off campus. Listings, roommate search, resources.

University Health Service http://www.uhs.umich.edu  
Detailed information about UHS including a list of clinicians, hours of service, and other important health information.

Dental Care http://internationalcenter.umich.edu/healthins/dental.html  
Lower-cost dental services and emergency dental care.

Student Financial Services http://www.finance.umich.edu/finops/student  
Information about University bills, payments, late fees, wire transfer procedures, etc.

Financial Aid for International Students  
http://www.finaid.umich.edu/Home/HowtoApplyforAid/InternationalStudents.aspx
International Orientation:
Undergraduate Students

January 5, 2015
Today’s Agenda
Today’s Agenda

- Welcome and Introduction
  - International Center Packet/Services/Web Resources
- Health Care and Health Insurance
- Transition to U-M, Ann Arbor and the U.S.
- U.S. Immigration Regulations
- Additional Documents and Requirements
- Document Submission
Welcome to U-M

- U-M ranks 11th in U.S. in number of international students
- More than 100 countries represented
- Top 5 countries:
  - China
  - India
  - South Korea
  - Taiwan
  - Canada

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</tr>
<tr>
<td>Percentage International</td>
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</table>
International Center packet

- PowerPoint Presentation Handout
- F-1/J-1 Students: Important Information
- Student Responsibility Checklist
- Adjusting to the United States: Cross-Cultural and Legal Considerations
- Useful Websites
International Center Services

- **International Student Advising:**
  - Immigration questions
  - Adjusting to a new country
  - Personal concerns
  - Any question or problem you may have; if we don't know the answer we will try to find someone who does

- E-mail announcements

- Programs
  - Workshops - variety of topics
  - Social events
  - Trips

- Education Abroad Office
  - Information about study, work and travel outside the U.S., including internships
The International Center

- Serves over 6,000 international students and scholars from over 100 countries
- Business hours: Monday to Friday 8 am to 5 pm.
- Call 734-764-9310 to schedule an appointment
- Quick question walk-ins: Monday to Friday 1-4 pm.
- Contact us by email: icenter@umich.edu

1500 Student Activities Building
515 East Jefferson Street
Web Resources
Web Resources

- **Shopping**
  - Also ask your Orientation Leaders for shopping suggestions.

- **AATA Bus**
  - [http://www.theride.org/](http://www.theride.org/)

- **International Center website: Life in Ann Arbor**
  - [http://internationalcenter.umich.edu/life/](http://internationalcenter.umich.edu/life/)
  - Banking, phones, public transportation, recreation, etc.
Facebook and Blog

University of Michigan International Students and Scholars

- http://www.facebook.com/uminternationalcenter

- http://umichiss.blogspot.com/
Language and Communication Skills

- Sweetland Writing Center
  - International Student Support
    http://www.lsa.umich.edu/sweetland/undergraduate/internationalstudentsupport

- English Learning Links for self-study:
  http://www.lsa.umich.edu/eli/resources/englishlearninglinks
Health Care & Insurance
Why Insurance?

- Health care in the United States is very expensive
- Insurance is for what MIGHT happen, NOT your present situation
Health Care & Insurance

U-M Insurance Requirement
All F-1/J-1 students sponsored by the University of Michigan and their F-2/J-2 dependents are required to have insurance that meets U-M standards during their entire time as U-M F1/J1 students or F2/J2 dependents.

- Includes time not enrolled in classes
- Sponsored by U-M means that your I-20 or DS-2019 was issued by U-M.
ALL new U-M F-1/J-1 students and scholars (U-M sponsored) are automatically enrolled in the Aetna Student Health international plan.
Health Care & Insurance

Your insurance will continue until your I-20 or DS-2019 end date. If that end date changes, your insurance end date will also change.

Your insurance end date will also change if you request Optional Practical Training (F-1) or Academic Training (J-1) work authorization after graduation.
After your documents have been checked, you will receive an Insurance Certificate

---

**Temporary Insurance Identification Certificate**

**School Name:** University of Michigan (International Plan)

**Insured Name:** _Takahiro Fernandes_

**ID Number:** 75-123456789

**Effective Date: From:** 08/25/2011  
**To:** 04/30/2016

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<th>Insured ID Number</th>
<th>Insured Last Name</th>
<th>Insured First Name</th>
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<tr>
<td>75 123456789</td>
<td>Fernandes</td>
<td>Michiko</td>
</tr>
<tr>
<td>75 123456789</td>
<td>Fernandes</td>
<td>Jun</td>
</tr>
<tr>
<td>75 123456789</td>
<td>Fernandes</td>
<td>Hana</td>
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**Dependents:**

For Inquiries or Student Health Insurance Benefits Information contact:

Aetna Student Health  
PO Box 981106  
El Paso, TX. 79998  
Telephone: (800) 239-9697

**PRE-CERTIFICATION REQUIREMENT**

Prior authorization is required:

- At least three business days prior to all non-emergency hospital admissions
- Within one business day following emergency admission

**FAILURE TO COMPLY WITH THE ABOVE NOTIFICATION GUIDELINES WILL RESULT IN A $200.00 PER ADMISSION PENALTY**
Health Care & Insurance

Once you receive your Insurance Certificate:

- Coverage begins on your I-20 or DS-2019 start date. (Form I-20, Item 5 or Form DS-2019, Item 3)

- Coverage is WORLDWIDE.

- ALWAYS carry your card (certificate) with you
Health Care & Insurance

- Permanent card sent by Aetna Student Health. Update your current address in: Wolverine Access → Campus Personal Information

- Request replacement cards or print out temporary ID cards at: www.aetnastudenthealth.com
Health Care & Insurance

• Other health insurance that meets U-M standards?
  - [www.internationalcenter.umich.edu/](http://www.internationalcenter.umich.edu/)
    ‘Health Insurance’ ➔ ‘Obtaining an Insurance Requirement Waiver’

• Submit waiver request form & documentation within 30 days from today

• If no waiver form is submitted/your request is denied, you will be required to keep & pay for International Health Insurance
Health Care & Insurance
Not U-M F-1/J-1 Student

- Not an F-1 or J-1 student (with a Form I-20 or DS-2019 issued by U-M)? Permanent resident or U.S. citizen?

- THEN health insurance is STRONGLY RECOMMENDED.
Health Care & Insurance
Not U-M F-1/J-1 Student

- You can purchase the “DOMESTIC STUDENT” HEALTH INSURANCE PLAN (available to ALL U-M students)

- To purchase:
  - [http://www.uhs.umich.edu/dship](http://www.uhs.umich.edu/dship) links to online application form
Health Care & Insurance

- Both the international and “domestic” plans are currently administered by Aetna Student Health
Health Care & Insurance

Getting Health Care
Health Care & Insurance

EMERGENCY

CALL 911

• Wait for ambulance to arrive

OR

• Go to the emergency room at the nearest hospital

International Center

Emergency Room (ER)
Always Open
University Health Service

- University Health Service (UHS)
  - 207 Fletcher St, U-M Central Campus
  - www.uhs.umich.edu

- Clinic for students
- For minor emergencies and non-emergency illness
- Eye exams
- Fill prescriptions
- Health advice

Most UHS services are free for enrolled students.
- http://www.uhs.umich.edu/feestudents
University Health Service

Call for Appointment: 734.764.8320

Medical Advice by Phone: 734-764-8320 or Women’s Health Clinic 734-763-9184

Urgent question when UHS is closed: 866-204-1082
Health Care & Insurance

Minor Emergencies and Urgent Health Problems

For advice:

- UHS (when open): 734-764-8320 or 734-763-9184 (for Women’s Health Clinic)
- UHS (when closed): 866-204-1082
- **Put these numbers in your phone**
- For more information, including addresses of “urgent care facilities”:
  
  [http://www.uhs.umich.edu/emergency](http://www.uhs.umich.edu/emergency)
ANNUAL DEDUCTIBLE:

Annual deductible = what you must pay each policy year (September 1 - August 31) before insurance starts to cover costs

- Annual deductible: $100
- The annual deductible does not apply to some services. For example:
  - Immunizations
  - Emergency Room
  - Routine physical exam
  - Prescription drugs

Your brochure has more details.
Health Care & Insurance

CO-PAYS:

Co-pay = what you pay, then insurance covers the rest.

- Office visits and hospital admissions have co-pays.
- Office visit: $20
- Walk-in Clinic or Urgent Care Clinic: $20
- Emergency Room: $75 (waived if admitted)
- Hospital Room/Board/Miscellaneous Expense: $150 co-pay per hospital admission

For most other “in network” medical services insurance pays 90%
IN-NETWORK / OUT of NETWORK

- Find in network doctors through AETNA webpage.
- Out of network will be more expensive
- U-M Hospital is in-network.

In your brochure, in-network is also called “preferred care”. Out of network is called non-preferred care.
Health Care & Insurance

How Insurance Works

1. Pay insurance charge every month.
2. Get treatment for illness or accident.
3. Show them your AETNA STUDENT HEALTH insurance card/certificate. NEW PLAN: pay co-pay if requested
4. The doctor/hospital will bill Aetna Student Health.
5. Aetna Student Health may ask for additional information.
6. Aetna Student Health will pay their amount of the bill.
7. Aetna Student Health will send you an Explanation of Benefits (EOB)
8. If you owe money, you will receive a bill from the doctor/hospital.
Health Care & Insurance

Coverage Highlights

- In-patient (hospital stay)
- Outpatient (visit doctor and return home the same day)
- Pregnancy and childbirth
- Medical Evacuation and Repatriation
- Mental health and drug or alcohol abuse
- Prescription drugs covered at 90%
  - Medicine not prescribed by doctor is not covered
- Routine/preventive care - including immunizations
Medical Evacuation, Repatriation and Travel Assistance

- Assistance in cases of serious illness/death

- [http://www.aetnastudenthealth.com/](http://www.aetnastudenthealth.com/) University of Michigan in “Find Your School” Search Box> For Members> Travel Assistance has summary and link to details

- Call travel assistance company (“On Call International”) BEFORE any arrangements are made.

- Send this link to family or friends so they know this coverage is available in case of an emergency
Health Care & Insurance

Dental

- Very limited dental coverage for adults (19 and above)
- To age 19 - more coverage
- For $25/year you can enroll in a dental DISCOUNT program.
- http://www.aetnastudenthealth.com/ University of Michigan in “Find Your School” Search Box> Vital Savings
Health Care & Insurance

Vision

- Adults (19 or older)
  - One eye exam per year in-network or at UHS - $20 co-pay. Eyeglasses or contacts are not covered

- To age 19 - more coverage
Health Care & Insurance

How to Pay for U-M International Health Insurance
Health Care & Insurance

- Added to your U-M Statement of Account each month by UM Student Financial Services.
- Review your Statement of Account under “Student Business” on http://wolverineaccess.umich.edu
- Same payment procedure as other University charges.
- Single rate $116.75 through August 31, 2015.
- Rates change every year in Sept. New rates posted on International Center website in August.
  - http://internationalcenter.umich.edu/healthins/rates.html
Health Care & Insurance

- You will receive an email from Student Financial Services whenever there is any “activity” (charge or credit) in your student account.

- Don’t ignore these emails! Check Wolverine Access to see what has been charged or credited to your account.
Health Care & Insurance

Your Responsibilities

1. Maintain U-M approved health insurance for the ENTIRE length of your program.

2. Check your Wolverine Access account and PAY your bills.

3. Submit paper form to request an insurance waiver

4. Submit an early departure form if necessary.
Health Care & Insurance

Key Points

1. Emergency - 911 or emergency room

2. To save money, go to UHS for health care if possible
   - Most UHS services are free for enrolled students. [http://www.uhs.umich.edu/feestudents](http://www.uhs.umich.edu/feestudents)
   - UHS after hours: 866-204-1082

3. If you can’t go to UHS, save money by getting health care “in-network”

4. If you have other insurance that meets U-M standards
   - Submit a waiver request form (see IC website for form)
   - Waiver request not submitted or denied? You will have to stay enrolled in (and pay for) the international plan.
Health Care & Insurance

Questions?

International Insurance Plan
Health Care & Insurance

Online resources:

- Aetna Student Health: [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)
- International Center: [http://www.internationalcenter.umich.edu](http://www.internationalcenter.umich.edu)
  - Insurance brochure: health insurance | U-M plan coverage & rates

- Lost insurance card? [http://www.aetnastudenthealth.com/](http://www.aetnastudenthealth.com/) to request a replacement

- TIP: Set up an Aetna Navigator Account (wait about two weeks from today) - see your claims and other useful information
  - [http://www.aetnastudenthealth.com/](http://www.aetnastudenthealth.com/) University of Michigan in “Find Your School” Search Box> For Members> Members-only website >Register/Login
Health Care & Insurance

Contact Us
Email: ihi@umich.edu
Phone: 734.647.2303

Visit Us
Location: 1500 Student Activities Building (SAB)
Office Hours: [www.internationalcenter.umich.edu](http://www.internationalcenter.umich.edu) > Health Insurance
Health Care & Insurance

Questions?

“Domestic” Insurance Plan
Health Care & Insurance

University Health Service
http://www.uhs.umich.edu/dship

Aetna Student Health
http://www.aetnastudenthealth.com/

Visit University Health Service Managed Care Office
(Second Floor UHS)

Email mancare-stuins@umich.edu
After Orientation

- Especially for new students
  - [http://www.internationalcenter.umich.edu/events/social-events.html](http://www.internationalcenter.umich.edu/events/social-events.html) for details
  - Bed, Bath and Beyond Shopping Trip (Sat 1/10)
  - Banking 101 (Fri 1/16)
  - Library Basics (1/22 @ North Campus or 1/27 @ Central Campus)
  - Coffee Hour (Fri 1/23)
  - University Health Service: Information & Tour (Fri 1/30)

- International Center events are posted on the International Center’s website:
  - [http://internationalcenter.umich.edu/events/index.html](http://internationalcenter.umich.edu/events/index.html)
A Few Things to Remember
Transition to U-M, Ann Arbor and the U.S.
Adjusting to a New Country
Most people adjusting to a new country go through a series of stages.

The “Cultural Adjustment” page of your orientation packet has links to more information, but briefly...
Stages of Cultural Adjustment

Four Stages:

1) Honeymoon
   - Comfort Level: LOW
   - Time: ARRIVAL
   - All is familiar

2) Shock
   - Comfort Level: LOW
   - Time: ARRIVAL
   - Time: FOREIGN COUNTRY

3) Negotiation
   - Comfort Level: LOW
   - Time: FOREIGN COUNTRY
   - Time: RE-ENTRY

4) Acceptance
   - Comfort Level: HIGH
   - Time: RE-ENTRY
   - Time: HOME COUNTRY
Adjusting to a New Country

Winter

- If you come from a warm country, make sure you have warm clothes
- Ask your Orientation Leaders for advice about where to shop and what to buy. Ask them about boots, coats, and hats!
Getting Involved
Getting Involved

- Center for Campus Involvement
  [http://campusinvolvement.umich.edu/](http://campusinvolvement.umich.edu/)

- Maize Pages - find student groups
  [http://maizepages.umich.edu/](http://maizepages.umich.edu/)

- Intercultural Leadership Seminar (March)
  - [http://internationalcenter.umich.edu/events/ils.html](http://internationalcenter.umich.edu/events/ils.html)
Wolverine Access
Wolverine Access

- [http://wolverineaccess.umich.edu](http://wolverineaccess.umich.edu)
- Login: uniqname & password
- Keep 3 addresses CURRENT:
  - “Local address” in Ann Arbor (REQUIRED)
  - “Permanent address” or home country address (REQUIRED)
  - “Emergency contact” telephone number and address (Strongly recommended)
- Just moved?
  - Update address with U-M through Wolverine Access (under “Student Business”) within 10 business days. This is a government regulation.
U.S. Immigration Regulations
MUST be valid at all times

- **Recommended:** at least 6 months into the future (required for entry to U.S.)

Contact your embassy for extensions while inside the U.S.
Document Review
Visa (F or J)

- **ONLY** a travel document (not required for Canadians)

- Visa Type Class (F1 / J1)

- Entries (M, 1, 2)

- **MAY** expire while studying

- **Transfers:**
  - F1 can use same visa
  - J1 must get new visa
SPECIAL NOTE:

212e - Two Year Home Residency Requirement

Applies ONLY to H1B, L, or permanent residency
Document Review
I-94 (F or J)

- **MOST** important immigration document you have

- Has proof of your status - F1 or J1 and D/S (Duration of Status)

If you entered U.S. after May 2013 through airport, you received:

- Stamp in passport with F1 or J1 and D/S (Duration of Status) - proof of your status

- Electronic arrival record (called I-94) - available at www.cbp.gov/I94

Make sure all information is correct on passport stamp and in e-record!

If you entered U.S. before May 2013, or entered U.S. by land, you received:

- Small, white card called I-94
Education Level

Major

SHOULD NOT expire

Do not throw away - ever
• Travel signatures  
(valid 1 year)

Document Review  
I-20 (F only)
**Document Review**

**DS-2019 (J only)**

- **SHOULD NOT expire**
- **Category & Subject Field Code**
- **212e**
- **Travel Signatures (valid 1 year)**
Travel

- All travel signatures valid for ONE year
  - Can use as many times as necessary

- When travelling, carry with you:
  - Valid I-20/DS-2019 with current travel signature
  - Valid passport *(6 months minimum from re-entry)*
  - Valid visa *(there may be an exception for Canada, Mexico, & adjacent islands)*

- Domestic travel: carry original documents
Basics of Maintaining Status

- **What is my “status”?**
- **Must be registered in a “full course of study”**
  - 12 credits for Undergraduate Students
  - no more than 3 credits online

- **Must report physical address within 10 days**
  - CURRENT = U.S. physical address
  - PERMANENT = home country address (CANNOT be U.S.)
  - http://internationalcenter.umich.edu/immig/addressnotify.html

- **NO** unauthorized employment
Employment On-Campus

- No more than 20 hours per week during school year

- >20 hours per week OK during official breaks (summer, winter, spring)

- Includes:
  - Student positions (i.e. library)
  - Business in campus building, serving campus community (i.e. restaurant in union)

**J-1 STUDENTS:**
MUST receive employment authorization letter from IC for on-campus employment

**F-1 STUDENTS:**
NO special authorization necessary
(on-campus employment only)
FOR ADDITIONAL INFORMATION ABOUT OFF-CAMPUS EMPLOYMENT:

- Workshops
- IC website
- Meet with advisor

MUST HAVE PRIOR AUTHORIZATION

- **F-1**:  
  - Curricular Practical Training (CPT)  
  - Optional Practical Training (OPT)

- **J-1**:  
  - Academic Training (AT)
Social Security Number (SSN)

- **F-1 students** are not eligible for SSN unless they have employment
  - F-2 dependents cannot work, thus are not eligible for SSN at any time.

- **J-1 students** are eligible for SSN anytime, no employment necessary
  - J-2 dependents can apply for work authorization, thus are eligible for SSN once work authorization is granted.

**DO NOT** apply for SSN until you have been in the U.S. for 10 days or 4 days after this check-in, whichever is later.
Student Responsibilities

- Inform the IC if you will be leaving UM
  - Leave of absence
  - Early completion of program
  - Withdrawal from university
  - Transfer to another US university

- Check university email regularly

- Questions? - Stay Informed!
  - [www.internationalcenter.umich.edu](http://www.internationalcenter.umich.edu)
  - Email: icenter@umich.edu
  - Meet with an advisor (check IC website for available times)
Additional Documents and Requirements
Government Identification
Government Identification

- We recommend that you have either a Michigan Driver’s License or a Michigan Personal ID Card. These are safer to carry than your passport.

- Michigan Driver’s License
  - Written test and road test

- Michigan Personal ID Card
  - If you don’t want a Driver’s License
  - Convenient, recognizable ID in the US

- [http://internationalcenter.umich.edu/life/license.html](http://internationalcenter.umich.edu/life/license.html)
Tuberculosis (TB) Screening
Some international students required to be screened for TB

For more information about screening requirement and to register for screening:

http://www.uhs.umich.edu/tbscreen/

What happens if I don’t get screened?

- Unable to register for Fall Term courses
- If you can’t register for courses, your F-1 or J-1 status will be affected
U.S. Taxes
All F-1/J-1 students: File Form 8843 with U.S. government (Internal Revenue Service) every year even if no income in the U.S.

U.S. income in 2014? You may need to file Form 1040NR-EZ or Form 1040NR

Deadlines April 15, 2015/June 15, 2015

Online software is available to help - watch for IC emails in late January

If you were not in the U.S. in 2014, don’t worry about this until next year!
Smoke-free Campus

Finally, please also remember that U-M is smoke-free.
Contact Us

International Center

- Business hours: Monday to Friday 8 am to 5 pm.
- Call 734-764-9310 to schedule an appointment
- Quick question walk-ins: Monday to Friday 1-4 pm.
- Contact us by email:
  - icenter@umich.edu
  - internationalcenter.umich.edu/

1500 Student Activities Building
515 East Jefferson Street
Thank you for your attention today!

Welcome to the University of Michigan!

We will now begin the check-in for F-1 and J-1 students.

Reminder: If you are a J-1 student whose DS-2019 was NOT issued by U-M, you do not need to check-in. Follow the instructions your DS-2019 sponsor (such as IIE) gave you.
Document Submission

Put in your colored plastic folder:

- Responsibility Checklist (*sign & date*)

- **Original** immigration documents
  - Your passport
  - I-20/DS-2019
  - I-94 form printout OR I-94 card if you entered the U.S. by a land border or last entered the U.S. before May, 2013.

- **One copy** of each of your immigration documents:
  - I-20/DS-2019 (p. 1 only)
  - F-1/J-1 visa
  - Passport biographical & expiration page(s)
  - Your I-94 card if you have one

* If you have dependents, include their documents and copies too.