

Education and Outreach

The International Center offers workshops and consultations for U-M faculty and staff who interact with international students and scholars. Our goal is to bring more awareness of issues impacting international community, help you to develop cultural intelligence, and promote understanding and collaboration across cultures.

Join our mailing list to find out about future opportunities for faculty and staff!



[1]

Workshops

Understanding International Students' Journey

Thursday, September 26, 2019 | 10:00 AM -11:30 AM | Boulevard Room, [Pierpont Commons \(North Campus\)](#) [2]

This workshop explores the experience of international students from admission to their arrival on campus. Participants will learn the challenges international students face, ways to support them, and the resources available at the International Center.

There will be time for questions at the end of the presentation.

[Presentation](#) [3]

International Students and Mental Health

Wednesday, October 9, 2019 | 10:00 AM-11:30 AM | Koessler (3rd Floor), Michigan League

At this workshop, we will highlight research findings of psychological concerns among international students in the U.S. and share the latest results of the College Student Mental Health Survey (CSMHS), conducted by Counseling and Psychological Services at the University of Michigan since 2004. You will learn how to identify signs of distress, how to effectively communicate and refer students to various

services, and how to better support international students in your work.

This workshop aims to increase awareness of the unique mental health needs of international students and expand the knowledge and skills to better support their psychological well-being.

Light refreshments will be served. Co-sponsored by the International Center and Counseling and Psychological Services.

Session is full.

[Presentation](#) [4]

Source URL: <https://internationalcenter.umich.edu/departments/education-and-outreach>

Links

[1] <https://mcommunity.umich.edu/#group:icafs>

[2] <https://campusinfo.umich.edu/building-search/building/131/wilbur-k-pierpont-commons>

[3] https://internationalcenter.umich.edu/sites/default/files/Understanding_International_Students_Journey_2019.pdf

[4] https://internationalcenter.umich.edu/sites/default/files/International_Student_Mental_Health_2019.pdf