J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status [1]
- Two-Year Foreign Residency Requirement and Waiver [2]
- Department of Homeland Security Address Notification Requirement [3]

Change of Status

- Change of Status to F-1 [4]
- Change of Status to F-2 Dependent [5]
- Change of Status to J-1 [6]
- Change of Status to J-2 Dependent [7]

Enrollment Requirements

- Full-Time Equivalency for Graduate Students [8]
- Reduced Course Load [8]
- Guest Student Information [9]
- Rackham Grace Period (Ph.D. Students) [10]

Employment Options

- Academic Training for J-1 Students [12]
- On-Campus Employment for F-1/J-1 Students [13]
- Off-Campus Employment Based on Economic Hardship [14]
- Employment and Volunteering [15]

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution [16]
- Travel Outside the U.S. and Re-entry [17]
  - Travel Advisory [18]
  - Visa Information [19]
  - What to Expect When Traveling [20]
  - Re-entry to the U.S. [21]
- Departing the U.S. [22]
Departing/Transfer-Out Checklist [23]
Airport Information [24]

**Dependents & Family Visitors**

- **J-2 Dependents** [25]
  - J-2 Dependent Employment Authorization Document [26]
- Other Family Visitors to the U.S. (B-1/B-2 Visitors) [27]

**Resources**

- Forms for J-1 Students [28]

**Source URL:** https://internationalcenter.umich.edu/students/j1-students

**Links**

1. https://internationalcenter.umich.edu/important-information-about-j1-status
2. https://internationalcenter.umich.edu/j-two-year-requirement
3. https://internationalcenter.umich.edu/address-notification-requirement
4. https://internationalcenter.umich.edu/change-status-to-f1
5. https://internationalcenter.umich.edu/change-status-to-f2-dependent
6. https://internationalcenter.umich.edu/change-status-to-j1
7. https://internationalcenter.umich.edu/change-status-j2-dependent
8. https://internationalcenter.umich.edu/students/reduced-course-load
9. https://internationalcenter.umich.edu/students/guest
10. https://internationalcenter.umich.edu/students/rackham-grace-period
11. https://internationalcenter.umich.edu/students/rackham-grace-period-covid-19
12. https://internationalcenter.umich.edu/students/j1-students/academic-training
13. https://internationalcenter.umich.edu/students/campus-employment
14. https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship
15. https://internationalcenter.umich.edu/students/employment-volunteer
16. https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution
17. https://internationalcenter.umich.edu/travel-outside-us-reentry
18. https://internationalcenter.umich.edu/travel-advisory
19. https://internationalcenter.umich.edu/travel-visa
20. https://internationalcenter.umich.edu/what-expect-when-traveling
22. https://internationalcenter.umich.edu/departing-us
24. https://internationalcenter.umich.edu/airport-information
25. https://internationalcenter.umich.edu/j2-dependents
27. https://internationalcenter.umich.edu/other-family-visitors
28. https://internationalcenter.umich.edu/resources/forms/j1-students