J-1 Students

Maintaining Status

- [Important Information about J-1 Exchange Visitor Status](#)
- [Two-Year Foreign Residency Requirement and Waiver](#)
- [Department of Homeland Security Address Notification Requirement](#)

Change of Status

- [Change of Status to F-1](#)
- [Change of Status to F-2 Dependent](#)
- [Change of Status to J-1](#)
- [Change of Status to J-2 Dependent](#)

Enrollment Requirements

- [Full-Time Equivalency for Graduate Students](#)
- [Reduced Course Load](#)
- [Guest Student Information](#)
- [Rackham Grace Period (Ph.D. Students)](#)

Employment Options

- [Academic Training for J-1 Students](#)
- [On-Campus Employment for F-1/J-1 Students](#)
- [Off-Campus Employment Based on Economic Hardship](#)
- [Employment and Volunteering](#)

Transfer, Travel, Departure

- [Transferring to Another U.S. Higher Education Institution](#)
- [Travel Outside the U.S. and Re-entry](#)
  - [Travel Advisory](#)
  - [Visa Information](#)
  - [What to Expect When Traveling](#)
  - [Re-entry to the U.S.](#)
- [Departing the U.S.](#)
  - [Departing/Transfer-Out Checklist](#)
Dependents & Family Visitors

- **J-2 Dependents**
- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

Resources

- [Forms for J-1 Students](https://internationalcenter.umich.edu/resources/forms/j1-students)

Source URL: https://internationalcenter.umich.edu/students/j1-students

Links

[1] https://internationalcenter.umich.edu/important-information-about-j1-status
[3] https://internationalcenter.umich.edu/address-notification-requirement
[4] https://internationalcenter.umich.edu/change-status-to-f1
[6] https://internationalcenter.umich.edu/change-status-to-j1
[7] https://internationalcenter.umich.edu/change-status-j2-dependent
[8] https://internationalcenter.umich.edu/students/reduced-course-load
[9] https://internationalcenter.umich.edu/students/guest
[10] https://internationalcenter.umich.edu/students/rackham-grace-period
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