J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status
- Two-Year Foreign Residency Requirement and Waiver
- Department of Homeland Security Address Notification Requirement

Change of Status

- Change of Status to F-1
- Change of Status to F-2 Dependent
- Change of Status to J-1
- Change of Status to J-2 Dependent

Enrollment Requirements

- Full-Time Equivalency for Graduate Students
- Reduced Course Load
- Guest Student Information
- Rackam Grace Period (Ph.D. Students)

Employment Options

- Academic Training for J-1 Students
- On-Campus Employment for F-1/J-1 Students
- Off-Campus Employment Based on Economic Hardship
- Employment and Volunteering

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution
- Travel Outside the U.S. and Re-entry
  - Travel Advisory
  - Visa Information
  - What to Expect When Traveling
  - Re-entry to the U.S.
- Departing the U.S.
  - Departing/Transfer-Out Checklist
Airport Information

Dependents & Family Visitors

- **J-2 Dependents**
  - J-2 Dependent Employment Authorization Document

- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

Resources

- **Forms for J-1 Students**

Source URL: https://internationalcenter.umich.edu/students/j1-students

Links

1. https://internationalcenter.umich.edu/important-information-about-j1-status
2. https://internationalcenter.umich.edu/j-two-year-requirement
3. https://internationalcenter.umich.edu/address-notification-requirement
4. https://internationalcenter.umich.edu/change-status-to-f1
5. https://internationalcenter.umich.edu/change-status-to-f2-dependent
6. https://internationalcenter.umich.edu/change-status-to-j1
7. https://internationalcenter.umich.edu/change-status-j2-dependent
8. https://internationalcenter.umich.edu/students/reduced-course-load
9. https://internationalcenter.umich.edu/students/guest
10. https://internationalcenter.umich.edu/students/rackham-grace-period
11. https://internationalcenter.umich.edu/students/j1-students/academic-training
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13. https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship
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