J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status [1]
- Two-Year Foreign Residency Requirement and Waiver [2]
- Department of Homeland Security Address Notification Requirement [3]

Change of Status

- Change of Status to F-1 [4]
- Change of Status to F-2 Dependent [5]
- Change of Status to J-1 [6]
- Change of Status to J-2 Dependent [7]

Enrollment Requirements

- Full-Time Equivalency for Graduate Students [8]
- Reduced Course Load [8]
- Guest Student Information [9]
- Rackam Grace Period (Ph.D. Students) [10]

Employment Options

- Academic Training for J-1 Students [11]
- On-Campus Employment for F-1/J-1 Students [12]
- Off-Campus Employment Based on Economic Hardship [13]
- Employment and Volunteering [14]

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution [15]
- Travel Outside the U.S. and Re-entry [16]
  - Travel Advisory [17]
  - Visa Information [18]
  - What to Expect When Traveling [19]
  - Re-entry to the U.S. [20]
- Departing the U.S. [21]
  - Departing/Transfer-Out Checklist [22]
Dependents & Family Visitors

- **J-2 Dependents**
  - J-2 Dependent Employment Authorization Document
- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

Resources

- Forms for J-1 Students

---

**Source URL:** https://internationalcenter.umich.edu/students/j1-students

**Links**
[1] https://internationalcenter.umich.edu/important-information-about-j1-status
[3] https://internationalcenter.umich.edu/address-notification-requirement
[4] https://internationalcenter.umich.edu/change-status-to-f1
[6] https://internationalcenter.umich.edu/change-status-to-j1
[7] https://internationalcenter.umich.edu/change-status-j2-dependent
[8] https://internationalcenter.umich.edu/students/reduced-course-load
[9] https://internationalcenter.umich.edu/students/guest
[10] https://internationalcenter.umich.edu/students/rackham-grace-period
[11] https://internationalcenter.umich.edu/students/j1-students/academic-training
[12] https://internationalcenter.umich.edu/students/campus-employment
[13] https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship
[14] https://internationalcenter.umich.edu/students/employment-volunteer
[15] https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution
[16] https://internationalcenter.umich.edu/travel-outside-us-reentry
[17] https://internationalcenter.umich.edu/travel-advisory
[18] https://internationalcenter.umich.edu/travel-visa
[19] https://internationalcenter.umich.edu/what-expect-when-traveling
[20] https://internationalcenter.umich.edu/travel-reentry
[21] https://internationalcenter.umich.edu/departing-us
[23] https://internationalcenter.umich.edu/airport-information
[24] https://internationalcenter.umich.edu/j2-dependents
[26] https://internationalcenter.umich.edu/other-family-visitors
[27] https://internationalcenter.umich.edu/resources/forms/j1-students