J-1 Students

Maintaining Status

- Important Information about J-1 Exchange Visitor Status [1]
- Two-Year Foreign Residency Requirement and Waiver [2]
- Department of Homeland Security Address Notification Requirement [3]

Change of Status

- Change of Status to F-1 [4]
- Change of Status to F-2 Dependent [5]
- Change of Status to J-1 [6]
- Change of Status to J-2 Dependent [7]

Enrollment Requirements

- Full-Time Equivalency for Graduate Students [8]
- Reduced Course Load [8]
- Guest Student Information [9]
- Rackham Grace Period (Ph.D. Students) [10]

Employment Options

- Academic Training for J-1 Students [12]
- On-Campus Employment for F-1/J-1 Students [13]
- Off-Campus Employment Based on Economic Hardship [14]
- Employment and Volunteering [15]

Transfer, Travel, Departure

- Transferring to Another U.S. Higher Education Institution [16]
- Travel Outside the U.S. and Re-entry [17]
  - Travel Advisory [18]
  - Visa Information [19]
  - What to Expect When Traveling [20]
  - Re-entry to the U.S. [21]
- departing the u.s. [22]
Dependants & Family Visitors

- **J-2 Dependents**

- **Other Family Visitors to the U.S. (B-1/B-2 Visitors)**

**Resources**

- [Forms for J-1 Students](https://internationalcenter.umich.edu/resources/forms/j1-students)

**Source URL:** https://internationalcenter.umich.edu/students/j1-students

**Links**

1. [https://internationalcenter.umich.edu/important-information-about-j1-status](https://internationalcenter.umich.edu/important-information-about-j1-status)
2. [https://internationalcenter.umich.edu/j-two-year-requirement](https://internationalcenter.umich.edu/j-two-year-requirement)
3. [https://internationalcenter.umich.edu/address-notification-requirement](https://internationalcenter.umich.edu/address-notification-requirement)
4. [https://internationalcenter.umich.edu/change-status-to-f1](https://internationalcenter.umich.edu/change-status-to-f1)
5. [https://internationalcenter.umich.edu/change-status-to-f2-dependent](https://internationalcenter.umich.edu/change-status-to-f2-dependent)
6. [https://internationalcenter.umich.edu/change-status-to-j1](https://internationalcenter.umich.edu/change-status-to-j1)
7. [https://internationalcenter.umich.edu/change-status-j2-dependent](https://internationalcenter.umich.edu/change-status-j2-dependent)
8. [https://internationalcenter.umich.edu/students/reduced-course-load](https://internationalcenter.umich.edu/students/reduced-course-load)
9. [https://internationalcenter.umich.edu/students/guest](https://internationalcenter.umich.edu/students/guest)
10. [https://internationalcenter.umich.edu/students/rackham-grace-period](https://internationalcenter.umich.edu/students/rackham-grace-period)
11. [https://internationalcenter.umich.edu/students/rackham-grace-period-covid-19](https://internationalcenter.umich.edu/students/rackham-grace-period-covid-19)
12. [https://internationalcenter.umich.edu/students/j1-students/academic-training](https://internationalcenter.umich.edu/students/j1-students/academic-training)
13. [https://internationalcenter.umich.edu/students/campus-employment](https://internationalcenter.umich.edu/students/campus-employment)
14. [https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship](https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship)
15. [https://internationalcenter.umich.edu/students/employment-volunteer](https://internationalcenter.umich.edu/students/employment-volunteer)
16. [https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution](https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution)
17. [https://internationalcenter.umich.edu/travel-outside-us-reentry](https://internationalcenter.umich.edu/travel-outside-us-reentry)
18. [https://internationalcenter.umich.edu/travel-advisory](https://internationalcenter.umich.edu/travel-advisory)
19. [https://internationalcenter.umich.edu/travel-visa](https://internationalcenter.umich.edu/travel-visa)
20. [https://internationalcenter.umich.edu/what-expect-when-traveling](https://internationalcenter.umich.edu/what-expect-when-traveling)
21. [https://internationalcenter.umich.edu/travel-reentry](https://internationalcenter.umich.edu/travel-reentry)
22. [https://internationalcenter.umich.edu/departing-us](https://internationalcenter.umich.edu/departing-us)
24. [https://internationalcenter.umich.edu/airport-information](https://internationalcenter.umich.edu/airport-information)
25. [https://internationalcenter.umich.edu/j2-dependents](https://internationalcenter.umich.edu/j2-dependents)
27. [https://internationalcenter.umich.edu/other-family-visitors](https://internationalcenter.umich.edu/other-family-visitors)
28. [https://internationalcenter.umich.edu/resources/forms/j1-students](https://internationalcenter.umich.edu/resources/forms/j1-students)