J-1 Students

Maintaining Status

- [Important Information about J-1 Exchange Visitor Status](#) [1]
- [Two-Year Foreign Residency Requirement and Waiver](#) [2]
- [Department of Homeland Security Address Notification Requirement](#) [3]

Change of Status

- [Change of Status to F-1](#) [4]
- [Change of Status to F-2 Dependent](#) [5]
- [Change of Status to J-1](#) [6]
- [Change of Status to J-2 Dependent](#) [7]

Enrollment Requirements

- [Full-Time Equivalency for Graduate Students](#) [8]
- [Reduced Course Load](#) [8]
- [Guest Student Information](#) [9]
- [Rackham Grace Period (Ph.D. Students)](#) [10]
- [Rackham Grace Period - Special COVID-19 procedures](#) [11]

Employment Options

- [Academic Training for J-1 Students](#) [12]
- [On-Campus Employment for F-1/J-1 Students](#) [13]
- [Off-Campus Employment Based on Economic Hardship](#) [14]
- [Employment and Volunteering](#) [15]

Transfer, Travel, Departure

- [Transferring to Another U.S. Higher Education Institution](#) [16]
- [Travel Outside the U.S. and Re-entry](#) [17]
  - [Travel Advisory](#) [18]
  - [Visa Information](#) [19]
  - [What to Expect When Traveling](#) [20]
  - [Re-entry to the U.S.](#) [21]
- [Departing the U.S.](#) [22]
Departing/Transfer-Out Checklist [23]
Airport Information [24]

Dependents & Family Visitors

- J-2 Dependents [25]
  - J-2 Dependent Employment Authorization Document [26]
- Other Family Visitors to the U.S. (B-1/B-2 Visitors) [27]

Resources

- Forms for J-1 Students [28]

Source URL: https://internationalcenter.umich.edu/students/j1-students

Links
[1] https://internationalcenter.umich.edu/important-information-about-j1-status
[3] https://internationalcenter.umich.edu/address-notification-requirement
[4] https://internationalcenter.umich.edu/change-status-to-f1
[6] https://internationalcenter.umich.edu/change-status-to-j1
[7] https://internationalcenter.umich.edu/change-status-j2-dependent
[8] https://internationalcenter.umich.edu/students/reduced-course-load
[9] https://internationalcenter.umich.edu/students/guest
[10] https://internationalcenter.umich.edu/students/rackham-grace-period
[12] https://internationalcenter.umich.edu/students/j1-students/academic-training
[13] https://internationalcenter.umich.edu/students/campus-employment
[14] https://internationalcenter.umich.edu/students/j1-students/campus-employment-based-economic-hardship
[15] https://internationalcenter.umich.edu/students/employment-volunteer
[16] https://internationalcenter.umich.edu/students/transferring-another-us-higher-education-institution
[17] https://internationalcenter.umich.edu/travel-outside-us-reentry
[18] https://internationalcenter.umich.edu/travel-advisory
[19] https://internationalcenter.umich.edu/travel-visa
[20] https://internationalcenter.umich.edu/what-expect-when-traveling
[21] https://internationalcenter.umich.edu/travel-reentry
[22] https://internationalcenter.umich.edu/departing-us
[24] https://internationalcenter.umich.edu/airport-information
[25] https://internationalcenter.umich.edu/j2-dependents
[27] https://internationalcenter.umich.edu/other-family-visitors
[28] https://internationalcenter.umich.edu/resources/forms/j1-students