U-M Health Insurance Office Hours

How to Reach the International Center’s Health Insurance Advisor

- **By Email**: Most requests and questions can be handled by email: ihi@umich.edu [1], and you can also refer to the forms and information on our website for some common questions and requests.
  - COVID-19 Insurance Coverage Information [2]
  - OPT waiver request [3]
  - Add/Remove Dependent Request [4]
- **By Phone**: You can call 734-647-2303 and leave a message and the Insurance Advisor will return your call. You can also request a phone appointment by emailing ihi@umich.edu [1]
- **By Remote Office Hours Drop-In**: The Insurance Office is hosting virtual “drop-in” advising sessions for students who have quick questions related to their insurance. Drop-in advising hours will not be available when the office is closed, such as on holidays. You may join the “drop-in” advising session by clicking here [5].
  - Tuesday: 10-11am and 2-3pm
  - Thursday: 10-11am and 2-3pm

Source URL: https://internationalcenter.umich.edu/resources/healthins/hours

Links
[1] mailto:ihi@umich.edu
[3] https://internationalcenter.umich.edu/resources/forms/international-health-insurance-waiver-request-form-opt
[5] https://officehours.it.umich.edu/queue/848