U-M Health Insurance Office Hours

How to Reach the International Center’s Health Insurance Advisor

- **By Email**: Most requests and questions can be handled by email: [ihi@umich.edu](mailto:ihi@umich.edu) [1], and you can also refer to the forms and information on our website for some common questions and requests.
  - Health Insurance Fall 2020 Waiver Request Form (COVID-19) [2]
  - COVID-19 Insurance Coverage Information [3]
  - OPT waiver request [4]
  - Add/Remove Dependent Request [5]
- **By Phone**: You can call 734-647-2303 and leave a message and the Insurance Advisor will return your call. You can also request a phone appointment by emailing [ihi@umich.edu](mailto:ihi@umich.edu) [1]
- **By Remote Office Hours Drop-In**: Once this service is available, this web page will be updated with a link and hours, and then you will be able to "drop-in" for a meeting with the Insurance Advisor.

Source URL: [https://internationalcenter.umich.edu/resources/healthins/](https://internationalcenter.umich.edu/resources/healthins/)

**Links**

[1] mailto:ihi@umich.edu
[4] [https://internationalcenter.umich.edu/resources/forms/international-health-insurance-waiver-request-form-opt](https://internationalcenter.umich.edu/resources/forms/international-health-insurance-waiver-request-form-opt)
[5] [https://internationalcenter.umich.edu/resources/forms/international-health-insurance-plan-change-form](https://internationalcenter.umich.edu/resources/forms/international-health-insurance-plan-change-form)