**Health Insurance**

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see [U-M International Center Health Insurance Office Hours](https://internationalcenter.umich.edu/resources/healthins/hours) [1].

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

- **Useful Links & Frequently Asked Questions** [2]
- **U-M Health Insurance Requirement and Enrollment Process** [3]
- **U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates** [4]
- **Alternatives to the U-M International Student/Scholar Health Insurance (IHI)** [5]
- **U-M Health Insurance Standards and Insurance Waiver** [6]
- **Using the U-M International Student/Scholar Health Insurance (IHI)** [7]
  - **U-M International Student/Scholar Health Insurance (IHI) ID Card** [8]
  - **Doctor Visits and Hospital Stays** [9]
  - **What's Covered and What's Not** [10]
  - **What To Do If You Get A Bill From The Hospital or Doctor** [11]
  - **Travel Outside the U.S.** [12]
  - **Prescription Drugs** [13]
  - **Important Phone Numbers** [14]
- **If You Are Not Eligible for U-M International Student/Scholar Health Insurance (IHI)** [15]
- **Health Insurance Information for Canadian Students and Scholars** [16]
- **Health Insurance Forms** [17]
- **Dental Care** [18]

**Source URL:** https://internationalcenter.umich.edu/resources/healthins

**Links**
[1] https://internationalcenter.umich.edu/resources/healthins/hours
[5] https://internationalcenter.umich.edu/resources/healthins/alternatives
[6] https://internationalcenter.umich.edu/resources/healthins/waiver