

## Health Insurance

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see [U-M International Center Health Insurance Office Hours](#) [1].

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

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- [U-M Health Insurance Requirement and Enrollment Process](#) [3]
- [U-M International Student/Scholar Health Insurance \(IHI\) Plan Coverage and Rates](#) [4]
- [Alternatives to the U-M International Student/Scholar Health Insurance \(IHI\)](#) [5]
- [U-M Health Insurance Standards and Insurance Waiver](#) [6]
- [Using the U-M International Student/Scholar Health Insurance \(IHI\)](#) [7]
  - [U-M International Student/Scholar Health Insurance \(IHI\) ID Card](#) [8]
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### Links

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[3] <https://internationalcenter.umich.edu/resources/healthins/requirement-and-enrollment-process>  
[4] <https://internationalcenter.umich.edu/resources/healthins/coverage-and-rates>  
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- [15] <https://internationalcenter.umich.edu/resouces/healthins/not-eligible>
- [16] <https://internationalcenter.umich.edu/resources/healthins/canada>
- [17] [https://internationalcenter.umich.edu/resources/forms?field\\_tags\\_tid=59](https://internationalcenter.umich.edu/resources/forms?field_tags_tid=59)
- [18] <https://internationalcenter.umich.edu/resources/healthins/dental-care>