Health Insurance

If you are an F-1 or J-1 international student or a J-1 scholar whose Form I-20 or DS-2019 was issued by the University of Michigan (Ann Arbor), you are required to have health insurance coverage for yourself and any F-2 or J-2 dependents while at the University of Michigan. Health insurance coverage is coordinated through the U-M International Center. For contact information and office hours, see [U-M International Center Health Insurance Office Hours](https://internationalcenter.umich.edu/resources/healthins/hours).

This section provides the following information on the U-M health insurance requirement and the U-M International Student/Scholar Health Insurance (IHI) Plan:

- Useful Links & Frequently Asked Questions
- U-M Health Insurance Requirement and Enrollment Process
- U-M International Student/Scholar Health Insurance (IHI) Plan Coverage and Rates
- Alternatives to the U-M International Student/Scholar Health Insurance (IHI)
- U-M Health Insurance Standards and Insurance Waiver
- Using the U-M International Student/Scholar Health Insurance (IHI)
  - U-M International Student/Scholar Health Insurance (IHI) ID Card
  - Doctor Visits and Hospital Stays
  - What’s Covered and What’s Not
  - What To Do If You Get A Bill From The Hospital or Doctor
  - Travel Outside the U.S.
  - Prescription Drugs
  - Important Phone Numbers
- If You Are Not Eligible for U-M International Student/Scholar Health Insurance (IHI)
- Health Insurance Information for Canadian Students and Scholars
- Health Insurance Forms
- Dental Care

Source URL: https://internationalcenter.umich.edu/resources/healthins

Links
[1] https://internationalcenter.umich.edu/resources/healthins/hours
[5] https://internationalcenter.umich.edu/resources/healthins/alternatives
[6] https://internationalcenter.umich.edu/resources/healthins/waiver