CDC and U-M requirements for International Travelers to Campus

U-M follows CDC ([Centers for Disease Control and Prevention](https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-air-travel.html)) guidelines. These guidelines for travelers arriving from international locations now include these requirements:

- Get a COVID-19 test within three calendar days before traveling to the US (or provide evidence of having recovered from COVID-19 within 90 days). See [here](https://www.cdc.gov/quarantine/fr-proof-negative-test.html) for more information.
- Get a COVID-19 test within 72 hours after travel. Register for your free test through the [Community Sampling & Tracking Program](https://campusblueprint.umich.edu/prevention-testing-care/testing/sampling-tracking-program) and select the [Intramural Sports Building](https://campusinfo.umich.edu/building-search/building/77/intramural-sports-building) location.
- **Stay at home (quarantine) for 7 days after arrival** ([5](https://campusblueprint.umich.edu/faqs/#what-do-i-need-to-do-when-i-travel-to-campus-from-abroad--r-from-another-u-s-state-header)). Your accommodations must meet the following U-M quarantine requirements ([6](https://campusblueprint.umich.edu/faqs#quarantine-and-isolation-living-arrangement-checklist-header)).
  - You have access to your own closed-door bedroom.
  - You have access to your own bathroom or share a bathroom with 1-2 others and can clean and disinfect the space after every use.
  - You can articulate a plan with your housemates about cleaning, disinfecting and avoiding shared time in common spaces, such as a kitchen.

More information about these requirements is posted on the [U-M Campus Maize and Blueprint website](https://campusblueprint.umich.edu/faqs/#what-do-i-need-to-do-when-i-travel-to-campus-from-abroad--r-from-another-u-s-state-header).

*Last Updated: 03/22/2021*

**Source URL:** https://internationalcenter.umich.edu/cdc-and-u-m-requirements-international-travelers-campus

**Links**
[3] https://campusblueprint.umich.edu/prevention-testing-care/testing/sampling-tracking-program