If you are an active visa holder in the United States, it may be possible for you to request a change of status through the U.S. government to receive F or J visa designation without the need to travel outside the country and apply for a new visa. You may find information on this page about the change of status process as well as things to consider before applying.

- Change of Status to F-1  
- Change of Status to F-2 Dependent  
- Change of Status to J-1  
- Change of Status to J-2 Dependent

Source URL: https://internationalcenter.umich.edu/students/change-status

Links
[1] https://internationalcenter.umich.edu/change-status-to-f1  
[3] https://internationalcenter.umich.edu/change-status-to-j1  