Welcome, International Students and Parents!
Today’s Agenda

- Welcome from Vice President Harmon
- Welcome from the Director/Country Roll Call
- Maintaining Your Immigration Status at U-M
- Using Your International Student Health Insurance
- IC Services Overview
A Message from Vice President Harmon!
Welcome from Dr. Judith Pennywell
ROLL CALL
WHERE YOU ARE FROM?
Immigration Regulations & Maintaining Status at U-M
What to Do After Your Arrival

● Check your I-94 online to be sure you were admitted to the U.S. in the correct immigration status
  ○ This is something you should make a habit of in the future

● Enroll in and complete the International Center's mandatory online immigration check-in course and upload copies of your documents as soon as possible upon arrival in the U.S.
Maintaining Your Immigration Status

- Maintain good academic standing and make progress towards degree program requirements
- Enroll full-time during academic year (Fall & Winter semesters)
  - Undergraduate = 12 credits per term
  - Must be enrolled in at least one in-person or hybrid course (3 credits) in Fall
- Maintain valid passport and I-20/DS-2019
- Maintain health insurance coverage
- Update your address in Wolverine Access within 10 days of any change
- Notify the International Center if you:
  - Withdraw from your program or intend to take some time off from your studies
  - Intend to transfer to another U.S. institution
  - Complete your program early
Maintaining Your Immigration Status

- May work on-campus up to 20 hours each week during academic year
- May work more than 20 hours each week during breaks/vacation period
- May not work off campus without proper work authorization (CPT/OPT/AT)
- Immigration regulations do not define employment, so it is important to consult with the International Center if you have questions about whether or not an activity could be considered employment
Travel

When travelling internationally, you should carry with you:

- Valid I-20/DS-2019 with current travel signature
  - Valid for one year from signature date
  - Valid for multiple entries
- Valid passport (should be valid for an additional 6 months from entry)
- Valid visa (there may be an exception for Canada, Mexico, & adjacent Caribbean islands)
FAQs for Newly Admitted Students

- Immigration Documents (Visas, I-20s, etc.)
- Travel
- Planning for Fall 2022
International Student Health Insurance

International Student Health Insurance Plan

- Automatically enrolled
  - Start date: I-20 or DS-2019 start date
  - End date I-20 or DS-2019 end date
- F-1 and J-1 students are required to have approved insurance throughout their F-1/J-1 stay, including time not enrolled in classes
- Charges posted on Wolverine Access every month

Useful Links and FAQs
Your Insurance Company and Card

- Your insurance company is Blue Care Network (BCN)
- After you complete your mandatory immigration check-in, look for an email from donotreply@relationinsurance.com
- Set up your member account and obtain your virtual insurance card.
- A BCN insurance card will come in the mail.
- Enter your insurance information in the patient portal used by University Health Service and Michigan Medicine: https://uhs.umich.edu/portal
Coverage Highlights

- Routine/preventive care - including immunizations
- Visits to specialists
- In-patient (hospital stay) and outpatient (visit doctor and return home the same day)
- Mental health
- Prescription drugs covered at 90%
  - Medicine not prescribed by doctor is not covered
- Some dental and vision coverage
- Medical Evacuation, Repatriation and Travel Assistance
Dental and vision coverage

Dental
Routine exams, cleanings, emergency pain relief, fillings and wisdom tooth extraction for students age 19 and older.

Vision
- Two eye exams/year and one visit/year for contact lens fitting in-network or at UHS - $20 co-pay. Eyeglasses or contacts are not covered

- To age 19 - more dental and vision coverage
How Insurance Works

Insurance pays for most but not all costs of health care.

You may have to pay:

- **ANNUAL DEDUCTIBLE** ($100) = what you must pay each policy year (September 1 - August 31) before insurance starts to cover costs
- **CO-PAY**: You pay a fixed amount, then insurance covers the rest.
  - Example: Office Visit/Walk-in Clinic/Urgent Care co-pay: $20
- **CO-INSURANCE**: You pay a percentage of the cost (10% in network).

There are some exceptions. For example: no deductible, co-pay or co-insurance for immunizations.

“Out of network” doctors and hospitals will be more expensive. Check BCN webpage for in-network doctors: https://www.bcbsm.com/umichglobal/
Using Your Insurance

In an emergency, call 911 or go to the Emergency Room. Your insurance covers ambulance and emergency treatment.

If you need medical care, give the doctor/hospital your insurance information and pay co-pay if requested.

The doctor/hospital will bill BCN and they will pay their amount of the bill.

If you owe money, you will receive a bill from the doctor/hospital.
Insurance Waivers

- Other health insurance **that meets U-M standards?**
  - [https://internationalcenter.umich.edu/](https://internationalcenter.umich.edu/) Home » Resources » Health Insurance » U-M Health Insurance Standards & Insurance Waiver

- Submit waiver request form & documentation **within 30 days from today**

- If no waiver form is submitted or your request is denied, you will be required to keep & pay for International Health Insurance
Insurance: Learning More

- Review the insurance module of your Canvas Check-In Course
- Read your Member Guide: Home » Resources » Health Insurance » Coverage and Rates
- Contact the Insurance Advisor at ihi@umich.edu
U-M International Center Information

The University of Michigan has more than 7,000 international students and scholars from 115 countries!

Location:
1500 Student Activities Building (SAB)
515 E. Jefferson Street, Ann Arbor, MI 48109

Contact:
+1(734)764-9310
icenter@umich.edu

Services:
Immigration Advising, Health Insurance, Intercultural Programming, Social Events, Education Abroad Advising
Common Challenges

- Homesickness
- Loss of support systems
- Lack of meaningful relationships
- Language difficulties
- U.S. immigration regulatory restrictions
- New approaches to learning
- Changing sense of identity
- Unrealistic expectations from family & self
- Financial problems
- Difficulties in home country
- New ways of doing things
International Center Summer Orientation

Workshop Recordings - Available in Canvas:

- **Address practical needs**: banking, transportation, driving, car, health care, legal issues
- **Academic support**: library basics, cultural differences in the classroom, communicating with advisors
- **Health and wellness**: health services, managing stress, making friends, getting involved
- **Employment**: finding a job on campus, tax forms

Blogs and Videos: our orientation peer advisors made [blog posts](#) and [YouTube videos](#) that give helpful advice.

Follow QR Code to Enroll!
International Center Programs

• International Coffee Hour
• Lunch and Learn Series
• International Student Lunch Conversation
• Birthday Celebration
• Meet, Eat, and American Life (MEAL) @ Michigan
• Cultural Excursions
• Immigration Workshops
• Career Workshops
• Income Tax Preparation
• Education Abroad Advising
• Graduation Reception

*Check your umich email for important information and announcements.*
Thank you for attending!

QUESTIONS?

Students should leave for their 11:30 event with ONSP!
Parents can stay for a panel event!
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Dean of Students Office

How does the Dean of Students Office assist students?
• Help with navigating the complex issues of student life
• Support for students experiencing critical incidents or life situations impacting their Michigan experience
• Serves students, parents, faculty, and staff
• Coordination with IC, academic departments, and other units

Location/Contact Information:
• Michigan Union, Suite 3100
• https://deanofstudents.umich.edu
• DeanofStudents@umich.edu
• (734) 764-7420
Financial Issues: FAQ

- How should my student choose a bank? Which bank is most used?
  - We cannot recommend a bank, but a local bank in the Ann Arbor would be suggested

- When will the housing bill be due?
  - If housing charges are posted on the August invoice, it will be due August 31, if on the September invoice, it will be due September 30.

- How can I tell when bills are due?
  - Bills can be viewed on Wolverine Access: [https://finance.umich.edu/finops/student/billing](https://finance.umich.edu/finops/student/billing)


- I haven’t paid yet- will my student have a meal plan?
  - If you have signed up for a meal plan, it will be available for use, payment is not required to activate
  - UM Dining Information: [https://dining.umich.edu/](https://dining.umich.edu/)
Paying Fees and Tuition

Due dates and billing

How to pay

- International payments accepted through Flywire

(Optional) Payment plan for tuition

  - Enrollment allowed up until September 1 (enroll early to benefit the most!)
- Sign up via Wolverine Access
- $30/term enrollment fee

Parents and family authorization

- There are steps that you need to take in Wolverine Access in order to give your parents/family members access to your student account information.

Tuition Refund Insurance

Fall 2022 Due Date: August 31, 2022
1. Find your institution
2. Enter your payment amount
3. Select payment method
4. Enter the payer’s information
5. Enter the student’s information
6. Review and submit!

You can track your payment via SMS text or online through your account. Flywire can also be used to process refunds from U-M.
Campus Safety

AnnMarie Vaquera, Security Sergeant, Housing Security
University of Michigan- Division of Public Safety & Security
https://www.dpss.umich.edu/content/about/our-departments/housing-security-safety-services
Campus Safety

Housing Security Officers check on residence halls 24 hours a day.

U-M Police officers patrol all other campus areas and buildings 24 hours a day.

U-M Security Officer

U-M Police Officer
Campus Safety

Own a Bike?
Use a U-Lock!

Scan Me to
Register Property
or
Visit the DPSS website!

Blue Light Phones

More information about student safety in Family Matters newsletter!
Campus Safety

If you can spot a scam, you can stop a scam!

Stay 4 steps ahead by using the S.C.A.M. test:

- **S** Seems too good to be true
- **C** Contacted out of the blue
- **A** Asked for personal details
- **M** Money is requested

Scan the QR Code for more information

Call DPSS at (734) 763-1131. We can help.
QUESTIONS?
Scan QR Code for link to page presentation will be uploaded on.

Thank you for attending!