Welcome to...

Making the Most of your International Experience:

Career Competencies Employers Look for and How to Get Them with the University Career Center

Hello!

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1. Pair-up with someone
   Each person will have 30 seconds to...
2. Introduce yourself (name, year, and...)
3. What is one thing you are looking forward to this summer?
What you’ll learn today

As a result of this session, you will be able to:

• Know what career competencies are and how to identify them
• Identify 2 areas of growth and develop a plan of action for continuing to build your own competencies.
• How to set expectations and create goals for your abroad experience
What are career competencies?
CAREER readiness

COMPETENCIES

Critical Thinking/Problem Solving:
- Exercise sound reasoning to analyze issues, make decisions, and overcome problems. The individual is able to analyze, integrate, and use knowledge, facts, and data in the process, and may demonstrate originality and inventiveness.

Oral/Written Communications:
- Articulate thoughts and ideas clearly and effectively in written and oral forms to persons inside and outside of the organization. The individual has public speaking skills, is able to express ideas to others, and can write/edit memos, letters, and complex technical reports clearly and effectively.

Teamwork/Collaboration:
- Build collaborative relationships with colleagues and customers representing diverse cultures, races, ages, genders, religions, lifestyles, and viewpoints. The individual is able to work within a team structure, and can negotiate and manage conflict.

Information Technology Application:
- Select and use appropriate technology to accomplish a given task. The individual is also able to apply computing skills to solve problems.

Leadership:
- Leverage the strengths of others to achieve common goals, and use interpersonal skills to coach and develop others. The individual is able to assess and manage his/her emotions and those of others; use empathetic skills to guide and motivate; and organize, prioritize, and delegate work.

Professionalism/Work Ethic:
- Demonstrate personal accountability and effective work habits, e.g., punctuality, working productively with others, and time/workload management, and understand the impact of non-verbal communication on professional work image. The individual demonstrates integrity and ethical behavior, acts responsibly with the interests of the larger community in mind, and is able to learn from his/her mistakes.

Career Management:
- Identify and articulate career skills, strengths, knowledge, and experiences relevant to the position desired and career goals, and identify areas necessary for professional growth. The individual is able to navigate and explore job options, understands and can implement the steps necessary to pursue opportunities, and understands how to self-advocate for opportunities in the workplace.

Global/Intercultural Fluency:
- Value, respect, and learn from diverse cultures, races, ages, genders, sexual orientations, and religions. The individual demonstrates openness, inclusiveness, sensitivity, and the ability to interact respectfully with all people and understand individuals’ differences.
Take some time to reflect...

- Why does this feel like a good fit for you?
- What concerns do you have about it?
- Why did you select this country?
- What are you hoping to learn?
What activities might you do to develop a competency?

• You’ll have 1 min to generate ideas -- on your own
• Then, you’ll have 3 mins to write your ideas up on the banners.
• Goal is to put 3 total.
• Go wild, move around the room.
Moving forward, what will you work on?

- You have **30 seconds** to silently walk to a competency that you would want to develop in the future.

- Write this competency down and one of the suggested activities to accomplish this.

- Repeat
You’ll have **3 minutes** to refine your two competencies you want to develop in the future.

And, what activity would put this goal in motion.
Setting Expectations and Problem Solving

• During these abroad opportunities, we know not everything will work out perfectly all the time.
• How can we set up systems in place now to address concerns as they come up?
Setting Expectations and Problem Solving

Some Helpful Steps:

• Do your research and ask questions:
  • What are the current projects that the organization is working on?
  • What roles/responsibilities have past interns done?
  • Are there currently any gaps or projects that need to be taken care of or that I can start?
Setting Expectations and Problem Solving

Some Helpful Steps:

• Talk to your supervisor:
  • Reach out with them and set up a meeting
  • Start by explaining your perspective/the current situation and what concerns you are having about it
  • Clearly lay out the research that you have collected
  • Work together to create action steps based on your career competency goals
Setting Expectations and Problem Solving

- Talk to your supervisor (contd.):
  - In general, it is best to keep these conversations professional and respectful
  - Have them sooner, rather than later (it is better to go to them when you start having these concerns and not during your third month there when the opportunity could be lost)
  - Use your research and reflection to prepare for the conversation beforehand
Now, let's practice!

• Find a partner: choose one of you to be the student and one the supervisor
• Here is your scenario:
  • You have been at your internship for two weeks and you still don’t have a clear sense of what you are supposed to be doing. You have been doing some small menial tasks to help out but you haven’t gotten any projects to work on and feel like your supervisor hasn’t given you enough direction
  • You did your research and reached out to your supervisor, today is your one-on-one meeting that you requested to have with them.
  • What do you say?
Next Steps

Exit Pass:
- 2 things you learned
- 1 specific next step you will take as result of this workshop
Please take the survey below. Let us know what you thought.

Q8: Career Competencies
Q12: Facilitator Name

goo.gl/1n8yxD

We VALUE your feedback and make CHANGES based on this survey. This survey will take 3-5 minutes to complete. Feedback is collected ANONMOUSLY.
Thanks for your time!

https://careercenter.umich.edu/

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Any Questions?