

MAKING THE  
MOST OUT OF  
YOUR U-M  
EXPERIENCE

Presented by: Amanda Picariello

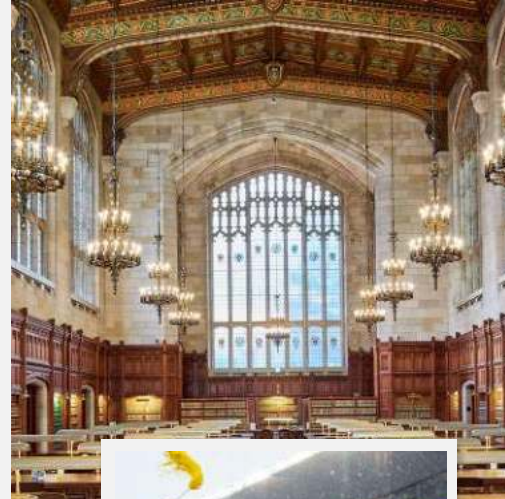


UNDERSTANDING  
UNIVERSITY OF MICHIGAN



# BALANCE

A university with rigorous academics and vibrant campus culture.



# MY STUDY SCHEDULE



For some students, studying can be more time consuming as a full-time job!



Usually during the week, I study the entire day Monday – Friday to have Saturday off, and then I'm back to studying on Sunday.



# ADVICE

## MAKE STUDYING FUN!

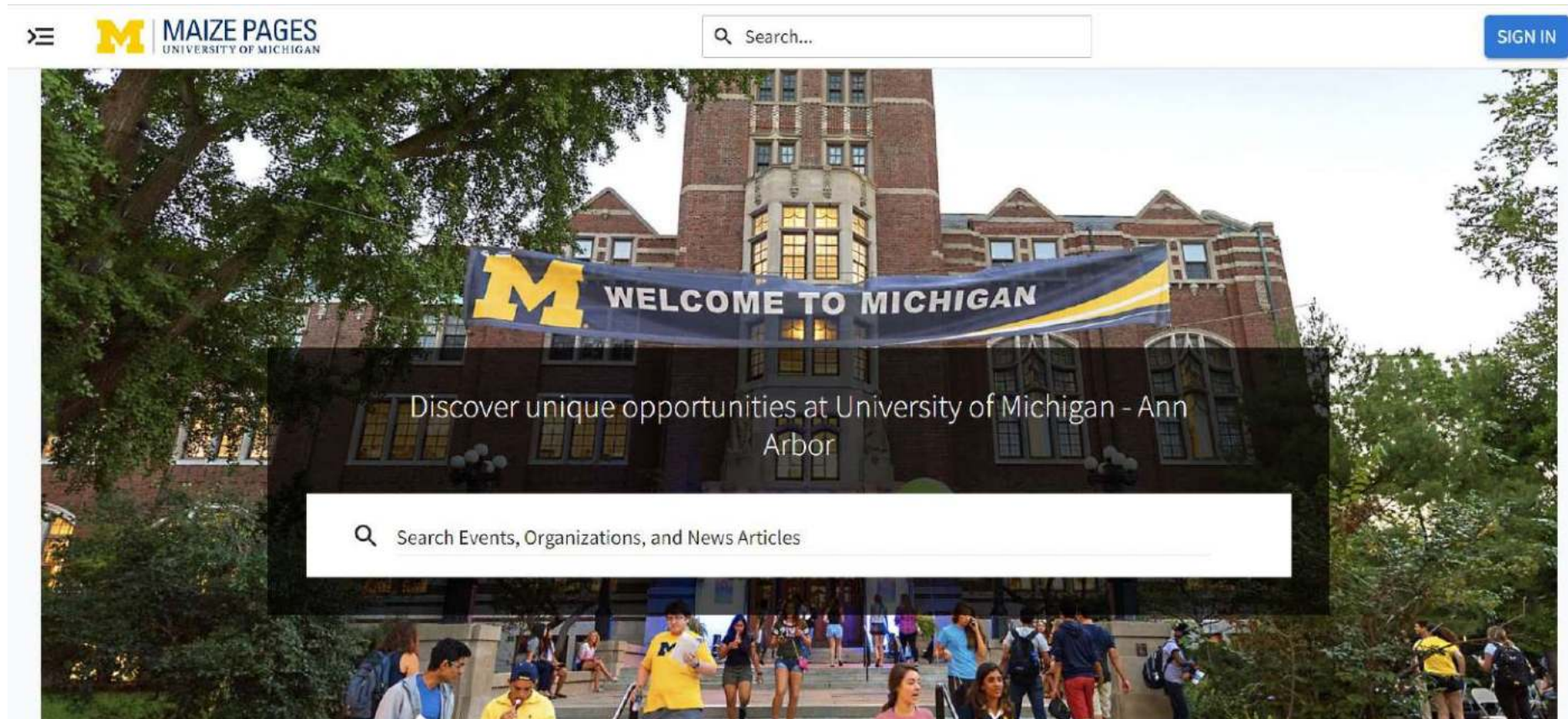
- Study with friends!
- Study in new school buildings and cafes!
- Take small breaks to make meals or go on a quick walk.
- Take advantage of a sunny day to appreciate the beauty on campus.

## DON'T ONLY PRIORITIZE STUDYING

- There is so much more to learn and enjoy outside of studying! Meeting new people and learning outside of the classroom is SO important!

# GETTING INVOLVED ON CAMPUS

# MAIZE PAGES – TO FIND A CLUB!



# CLUBS I HAVE BEEN INVOLVED WITH



## Girl Up Michigan

Girl Up is a United Nations Foundation Campaign that was launched in 2010 to ensure that girls in developing countries are educated, healthy, safe, counted, and positioned to be the next generation of leaders. Through fundraising and advocacy, Girl Up Michigan aims to empower others to get involved and teach the Ann Arbor community that girls around the world matter. Visit our website at <https://girlupmichigan.org> to learn more!

### Contact Information

E: [girlupmichigan@gmail.com](mailto:girlupmichigan@gmail.com)



## Wolverine Support Network

Wolverine Support Network (WSN) empowers University of Michigan students to create a safe community and support each other's identity, mental well-being, and day-to-day lives through peer-facilitated support groups and community events.

WSN facilitates peer-led support groups across campus for both undergraduate and graduate students that fit within students' own availability. Upon signing up for a weekly group, students meet in a peer-led group once a week for ~1 hour. This space is intentionally designed to be comfortable and confidential. It is an honest outlet for students to support and engage with one another. To be notified when Winter 2023 group sign-ups open, fill out our [W23 Group Interest Form!](#)

In addition to or as an alternative to joining a weekly group, students can also join our WSN Organizing Team: our committee-based program that works to create a culture of community care and mental well-being via



## Habitat for Humanity at the University of Michigan

Habitat for Humanity at the University of Michigan is committed to building simple, decent, and affordable housing for low-income families in our community and around the world. In support of this goal we will motivate and mobilize volunteers to raise money, build partnerships, and provide education about eliminating substandard housing. We strive to make a difference in the lives of those looking for a hand up, not a hand out.

We co-sponsor a Habitat house in the Ann Arbor area each year. We also routinely fundraise and work at the local soup kitchen and with Give365 on Park Clean ups. All volunteer sign-ups are handled through our website, [habitatum.org](http://habitatum.org).

### Contact Information

Ann Arbor, MI 48104

CONTACT



VIEW GALLERY

Gallery Image



## Michigan Knitting

Where: Michigan Union either 2210 ABC or Wolverine(3rd) floor; Switches each week

When: 6-8pm every Wednesday

What: We teach students how to knit/crochet scarves to donate to places



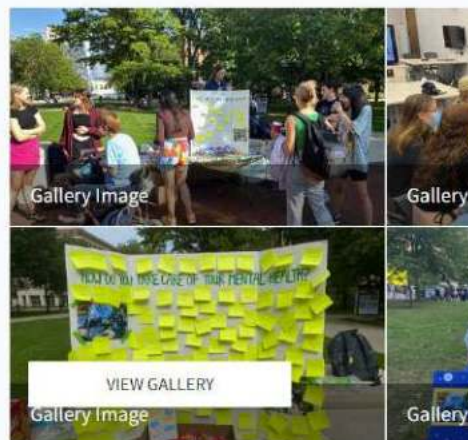
## Michigan Robotic Submarine

Michigan Robotic Submarine (Michigan RoboSub) is a student-led engineering team of primarily undergraduate students with diverse backgrounds and interests, working together to design and build an autonomous robotic submarine for the annual RoboSub competition in San Diego, CA.

[Link to Join](#)

RoboSub welcomes Wolverines from all backgrounds, experience levels, majors, and class-standings to join our team in advancing Autonomous Underwater Vehicle technology (AUV) by engineering a RoboSub that can perform various incredible sub-nautical tasks, like sonar navigation and torpedo target shooting using machine learning and computer vision.

Working alongside our technical subteams, our Business and Media



Gallery Image

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VIEW GALLERY

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# BENEFITS OF JOINING A CLUB

- This can be a great opportunity to meet people with similar interests.
- Explore different hobbies and passions. Keep in mind, you can go to any club for as short or as long as you want. Try new clubs until you find the right match!
- Clubs organize social meetings outside of meeting times to let you make friends! The organization that I am apart of, RoboSub, organizes monthly social events to different places on campus. Our last one was at Pinball Pete's .



DEMO!

[HTTPS://MAIZEPAGES.UMICH.EDU/](https://maizepages.umich.edu/)

# FIND AN ON CAMPUS JOB



Students - Employers & Administrators - Help -

## U-M Students

There are two types of jobs listed on this site: Federal Work-Study and non-Work-Study.

**Federal Work-Study jobs** are only available to U-M undergraduate and graduate students who have applied for financial aid and been awarded Federal Work-Study funding.

All **non-Work-Study jobs** are available to all U-M students.

://studentemployment.umich.edu

## Amanda Picariello



**Class Level:** Undergraduate

**School:** College of Literature, Science, and the Arts (LSA)

**Major:** Organizational Studies

**Email:** [ic-abroad@umich.edu](mailto:ic-abroad@umich.edu)

**Team:** Global Engagement and Education Abroad (GEEA)

Amanda is an undergraduate junior pursuing a degree in Organizational Studies with minors in Environmental Science and International Studies at the University of Michigan for university.

Outside of school, Amanda is active as a Student Leader for the University of Michigan College of Literature, Michigan Robotic Submarine. Amanda also spends her time on the Michigan Daily's Culture, Training, and Incubator.

- As you know, I work for the International Center as a Peer Advisor and Program Assistant!
- 8 – 10 hours a week
- Great opportunity to gain work experience and meet people.
- Earn some \$\$\$

# RECREATIONAL SPORTS CENTERS

- 1. Gyms
- 2. Group X Classes
- 3. Intramural Sports
- 4. Club Sports



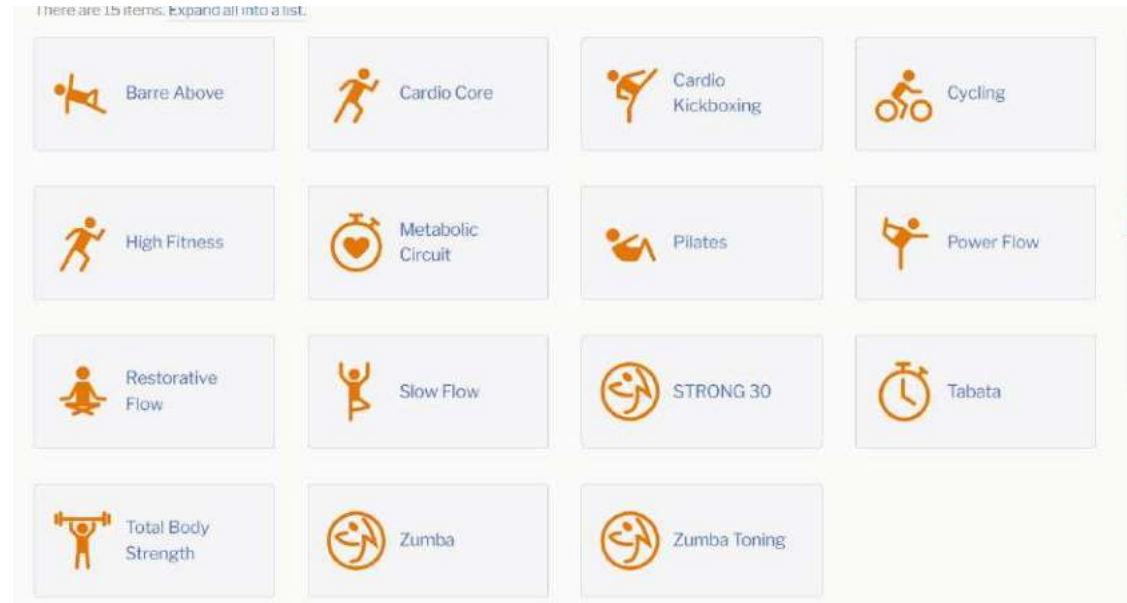
# GYM

- FREE to all students!
- The Central Campus Recreational Building (CCRB) is under construction, so a temporary gym is on Palmer Field.
- There is also the Intramural Building (IM) on central campus and the North Campus Recreational Building (NCRB).



# GROUP X CLASSES - \$8 PER DAY OR \$55 PER SEMESTER

NO SKILLS REQUIRED



<https://recsports.umich.edu/groupx/>

# INTRAMURAL SPORTS

Anyone can join! Depending on the sport you can sign up with friends or a group! No skills required!

Intramural Sports Policy  
Manual

Forfeit and Default Policy

Co-Rec Rules

Indoor Soccer 4v4

Basketball 5v5

Euchre

Picklejam

Pickleball

Racquetball

Table Tennis

Volleyball 6v6

Wallyball

# CLUB SPORTS

- More selective than intramural depending on the sport! Some have tryouts while some welcome everyone.
- The website says some “are highly competitive and strive to be national champions.”

Artistic Swimming



Baseball



Climbing



Fencing



Gymnastics



Ice Hockey  
Men's



Lacrosse  
Women's



Rifle



Rowing



Rugby  
Women's



Running



Sailing



Soccer  
Women's



Softball



Synchronized  
Skating



Tennis



Triathlon



Ultimate Frisbee  
Men's



Volleyball



Volleyball




Water Polo



# ACTIVITIES ON CAMPUS

# MICHIGAN STUDENT LIFE CALENDAR

- Happening @ Michigan is the master calendar of all UM events!
  - Tomorrow, Friday the 27<sup>th</sup>, there are 115 events to choose from.
  - The Center for Campus Involvement is always organizing fun events!
- 
- Center for Campus Involvement

[illegible]

 Center for Campus Involvement - University of Michigan ...

Want to race? Come join us for Mario Kart and compete to win prizes at our UU Weekly event on January 26th from 5-7pm at the Union Courtyard! Food and punch will be provided.



**M** | STUDENT LIFE  
CAMPUS INVOLVEMENT  
UNIVERSITY OF MICHIGAN

[About](#) [Programs & Events](#) [Student Organizations](#) [Leadership](#)

**KARTING**  
*in the Courtyard*  
**5-7PM MICHIGAN UNION 1/26**  
 (courtyard & south lounge)

Join UUWeekly for a 4-player Mario Kart 8 Deluxe game, Mario-themed desserts, coloring, drawing, board games, and prizes!

UAC

# CHECK OUT MICHIGAN ATHLETICS COMPOSITE CALENDAR FOR THE ATHLETICS SCHEDULE

M

ATHLETICS

SPORTS

TICKETS

FANS

ABOUT

GAME DAY

SHOP

DONATE

TICKET LOGIN

Composite Calendar

Print

View By List

Add To Calendar

3.8k

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January 2023

All Games

All Sports

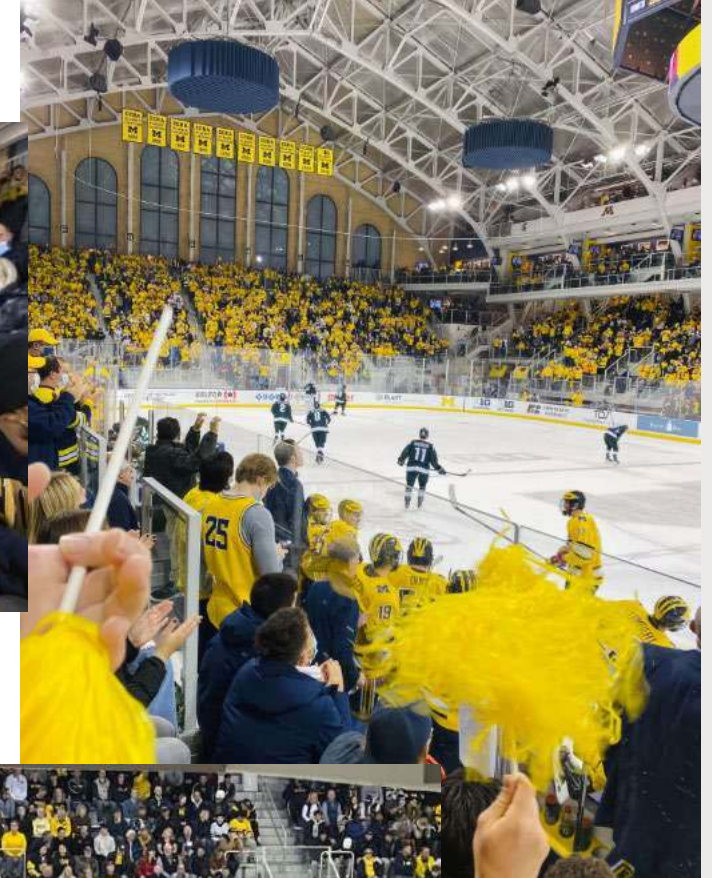
01/24/2023

GO

Expand/Collapse all dates?

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>M Basketball vs Maryland Ann Arbor, Mich. W 81-46 <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a></div>	<div>2</div>	<div>3</div> <div>W Basketball vs Penn State Ann Arbor, Mich. W 82-72 <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a></div>	<div>4</div> <div>M Basketball vs Penn State Ann Arbor, Mich. W 79-69 <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a></div>	<div>5</div>	<div>6</div> <div>Ice Hockey vs U.S. NTDP U-18 Team (ex) Ann Arbor, Mich. W 7-6 <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a> <a href="#">PDF Boxscore</a> Wrestling at #25 Cal Poly San Luis Obispo, Calif. <div></div></div>	<div>7</div> <div>M Track/Field vs Wolverine Invitational Ann Arbor, Mich. non-scoring <a href="#">Recap Results</a> W Track/Field vs Wolverine Invitational Ann Arbor, Mich. non-scoring <a href="#">Recap Results</a> <div></div></div>
<div>8</div> <div>Wrestling at CSU Bakersfield Bakersfield, Calif. W 26-0 <a href="#">Recap</a></div>	<div>9</div>	<div>10</div> <div>W Basketball at Purdue West Lafayette, Ind. W 80-59 <a href="#">Box Score Recap</a></div>	<div>11</div>	<div>12</div> <div>M Basketball at Iowa Iowa City, Iowa L 84-93 (OT) <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a></div>	<div>13</div> <div>W Tennis vs Michigan Invitational Michigan Invitational Ann Arbor, Mich. non-scoring <a href="#">Recap</a> Water Polo vs Biola (Calif.) ASU Challenge Phoenix, Ariz. <div></div></div>	<div>14</div> <div>M Swim/Dive at #7 Indiana Bloomington, Ind. L 98-212 <a href="#">Recap Results</a> W Swim/Dive at #12 Indiana Bloomington, Ind. L 91.5-208.5 <a href="#">Recap Results</a> <div></div></div>
<div>15</div> <div>Water Polo at #10 Arizona State ASU Challenge Phoenix, Ariz. W 11-10 (OT) <a href="#">Box Score Recap</a> <a href="#">PDF Boxscore</a> W Tennis vs Michigan Invitational Michigan Invitational <div></div></div>	<div>16</div>	<div>17</div>	<div>18</div>	<div>19</div> <div>M Tennis vs #6 Tennessee Ann Arbor, Mich. W 4-1 <a href="#">Recap</a> M Basketball at Maryland College Park, Md. L 58-64 <a href="#">Box Score Recap</a> <div></div></div>	<div>20</div> <div>W Tennis vs #4 Oklahoma Ann Arbor, Mich. W 5-2 <a href="#">Recap</a> Wrestling at #1 Penn State State College, Pa. L 9-20 <a href="#">Recap</a> <div></div></div>	<div>21</div> <div>M Track/Field vs Simmons-Harvey Invitational Ann Arbor, Mich. 1st of 4 (153) <a href="#">Recap Results</a> W Swim/Dive vs #5 Ohio State Ann Arbor, Mich. L 113.5-196.5 <div></div></div>
<div>22</div>	<div>23</div>	<div>24</div>	<div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>

# HOCKEY AND BASKETBALL ARE THE MOST POPULAR WINTER SPORTS ON CAMPUS!



# THERE ARE MANY OTHER SPORTING EVENTS TO CHOOSE FROM!

- Often FREE!
- Easy to find tickets!
- Fun activity!



baseball game and  
wrestling match!



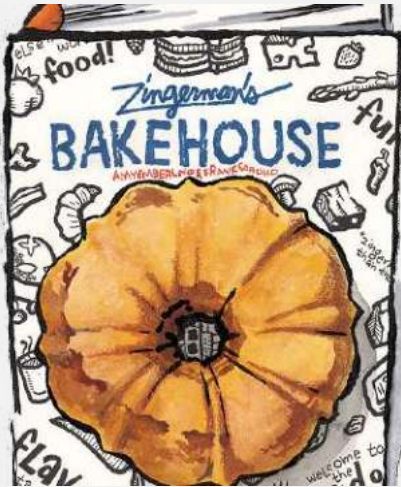
# YOST ARENA OPEN SKATE NIGHT

- Skate on the same ice as the Varsity Hockey Team and skate at one of the most recognized and iconic rinks in college hockey.
- \$4 for student entry and \$3 for skate rentals

Date	Start Time	End Time
1/1/23	No Public Skate	
1/8/23	1:30 PM	2:50 PM
1/15/23	1:30 PM	2:50 PM
1/22/23	1:30 PM	2:50 PM
1/29/23	1:30 PM	2:50 PM
2/5/23	1:30 PM	2:50 PM
2/12/23	1:30 PM	2:50 PM
2/19/23	No Public Skate	
2/26/23	1:30 PM	2:50 PM
3/5/23	No Public Skate	
3/12/23	1:30 PM	2:50 PM
3/19/23	1:30 PM	2:50 PM



TO DO IN ANN ARBOR: MICHIGAN THEATER, UMMA,  
PINBALL PETE'S, ZINGERMAN'S BAKING CLASS  
AND SO MUCH MORE...





# DAY TRIP TO DETROIT

- Take the D2A2 bus to Detroit
- Train from Ann Arbor to Detroit is on average \$18.
- Detroit Institute of Arts (\$14)
- Van Gogh Exhibit → Currently there are 74 Van Gogh Works all in one spot! This exhibit will be there until end of January!
  - Tickets are \$14 - \$29.
- Downtown Detroit Ice Rink
  - November until March
- Try the famous Detroit Style Pizza
- Detroit Coney Island Hot Dog Rivalry



# QUESTIONS?

FEEL FREE TO REACH OUT:

AMANDA PICARIELLO

[APICARIE@UMICH.EDU](mailto:APICARIE@UMICH.EDU)

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